

TriHK



TRIATHLON

三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Ning Yan Lo

has successfully completed the

Aquathon Series - Race 5

on 18 November 2018 at

Golden Beach

with performance of

Category: Male 25-29

Position: 2

Run1: 00:07:27

T1: 00:00:23

Swim: 00:11:15

T2: 00:00:26

Run2: 00:07:28

Total Time: 00:27:02

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association