

TriHK



TRIATHLON

三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Sik Hang Chow

has successfully completed the
Aquathon Series - Race 5
on 18 November 2018 at
Golden Beach
with performance of

Category: Male 30-34
Position: 8
Run1: 00:08:24
T1: 00:00:26
Swim: 00:10:17
T2: 00:00:48
Run2: 00:10:27
Total Time: 00:30:24

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association