

**TriHK**



**TRIATHLON**  
三項鐵人

**香港三項鐵人總會**  
Hong Kong Triathlon Association

**This is to certify that**  
**Pui Yuen Wong**

**has successfully completed the**  
**Aquathon Series - Race 5**  
**on 18 November 2018 at**  
**Golden Beach**  
**with performance of**

**Category:** Male 40-44  
**Position:** 4  
**Run1:** 00:08:14  
**T1:** 00:00:22  
**Swim:** 00:12:52  
**T2:** 00:00:38  
**Run2:** 00:08:45  
**Total Time:** 00:30:52

**Ruth Hunt**

---

香港三項鐵人總會會長  
President, Hong Kong Triathlon Association