

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Richard Hall

has successfully completed the
Aquathon Series - Race 5
on 18 November 2018 at
Golden Beach
with performance of

Category: Male 45-49
Position: 1
Run1: 00:07:08
T1: 00:00:21
Swim: 00:09:08
T2: 00:00:21
Run2: 00:07:37
Total Time: 00:24:37

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association