

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Man Kwong Cheung
has successfully completed the
Aquathon Series - Race 5
on 18 November 2018 at
Golden Beach
with performance of

Category: Male 50-54
Position: 3
Run1: 00:08:35
T1: 00:00:22
Swim: 00:12:05
T2: 00:00:24
Run2: 00:09:21
Total Time: 00:30:48

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association