

TriHK



TRIATHLON

三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Ho Chung Hin

has successfully completed the
Triathlon 15-16 Group
on 24 February 2019 at

Plover Cove

with performance of

Category: Boys 15-16
Position: 4
Swim: 00:05:31
T1: 00:01:42
Bike: 00:15:42
T2: 00:01:33
Run: 00:07:10
Total Time: 00:31:40

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association