

TriHK



TRIATHLON

三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Lau Tsun Hei

has successfully completed the
Triathlon 15-16 Group
on 24 February 2019 at

Plover Cove

with performance of

Category: Boys 15-16
Position: 2
Swim: 00:05:25
T1: 00:01:48
Bike: 00:14:06
T2: 00:01:43
Run: 00:07:45
Total Time: 00:30:50

Ruth Hunt

香港三項鐵人總會會長
President, Hong Kong Triathlon Association