

**TriHK**



**TRIATHLON**

三項鐵人

香港三項鐵人總會  
Hong Kong Triathlon Association

This is to certify that  
**Cheng Yan Ching**

has successfully completed the  
Triathlon 15-16 Group  
on 24 February 2019 at

Plover Cove

with performance of

<b>Category:</b>	Girls 15-16
<b>Position:</b>	3
<b>Swim:</b>	00:06:02
<b>T1:</b>	00:02:12
<b>Bike:</b>	00:16:22
<b>T2:</b>	00:01:49
<b>Run:</b>	00:07:45
<b>Total Time:</b>	00:34:12

**Ruth Hunt**

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香港三項鐵人總會會長  
President, Hong Kong Triathlon Association