

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Shu Wah Wan
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 50-54
Position: 1
Run1: 00:17:26
T1: 00:02:11
Bike: 00:55:37
T2: 00:02:34
Run2: 00:17:54
Total Time: 01:35:44

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG