

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Jonathan Ip

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 30-34

Position: 5

Run1: 00:17:50

T1: 00:02:04

Bike: 00:56:00

T2: 00:02:38

Run2: 00:19:03

Total Time: 01:37:37

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG