

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Jim Tsang

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 35-39

Position: 4

Run1: 00:18:24

T1: 00:02:16

Bike: 00:55:22

T2: 00:02:37

Run2: 00:19:13

Total Time: 01:37:55

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG