

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Sam Wong

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 35-39

Position: 8

Run1: 00:18:45

T1: 00:02:21

Bike: 00:59:40

T2: 00:02:39

Run2: 00:20:24

Total Time: 01:43:52

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG