

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Carlos Wong

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 40-44

Position: 3

Run1: 00:17:01

T1: 00:02:05

Bike: 00:56:51

T2: 00:02:27

Run2: 00:17:32

Total Time: 01:35:58

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG