

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Tak Wa Paul Kong
has successfully completed the
2019 Aquathon Series - Race 1
on 7 Apr 2019 at
Kowloon Tsai Swimming Pool
with performance of

Category: Male 55-59
Position: 2
Swim: 00:08:19
T1: 00:00:39
Run: 00:19:46
Total Time: 00:28:44

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG