

**TriHK**



**TRIATHLON**  
三項鐵人

**香港三項鐵人總會**  
**Hong Kong Triathlon Association**

**This is to certify that**  
**James Whitman**  
**has successfully completed the**  
**2019 Aquathon Series - Race 1**  
**on 7 Apr 2019 at**  
**Kowloon Tsai Swimming Pool**  
**with performance of**

**Category:** Male 40-44  
**Position:** 1  
**Swim:** 00:06:23  
**T1:** 00:00:22  
**Run:** 00:20:40  
**Total Time:** 00:27:26

A handwritten signature in black ink, appearing to read 'Genevieve Pong', is written over a horizontal line.

香港三項鐵人總會會長  
President, Hong Kong Triathlon Association  
龐麗貽女士  
Ms Genevieve PONG