

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Long Kiu Tsang
has successfully completed the
Hong Kong School Aquathlon Championships 2019 - Race 2
on 07 July 2019 at
Hong Kong Sport Institute, Shatin
with performance of

Category: Boys 2002 or before
Position: 6
Swim: 00:03:34
T1: 00:01:01
Run: 00:13:11
Total Time: 00:17:47

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG