

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Chung Hin Valen Ho

has successfully completed the

Hong Kong School Aquathlon Championships 2019 - Race 2

on 07 July 2019 at

Hong Kong Sport Institute, Shatin

with performance of

Category: Boys 2003-2004

Position: 3

Swim: 00:03:11

T1: 00:00:31

Run: 00:06:59

Total Time: 00:10:42

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG