

**TriHK**



**TRIATHLON**  
三項鐵人

**香港三項鐵人總會**  
Hong Kong Triathlon Association

This is to certify that

**Samuel Ho**

has successfully completed the

**Aquathlon Series - Race 3**

on 04 August 2019 at

**Tai Po**

with performance of

**Category:** Male 30-34

**Position:** 2

**Swim:** 00:25:44

**T1:** 00:00:26

**Run:** 00:25:25

**Total Time:** 00:51:35

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG