



**HONG KONG
TRIATHLON**
香港三項鐵人

**This is to certify that
Alex Lai
has successfully completed the
Aquathlon Series - Race 4
Golden Beach
on 29 September 2019 at
with performance of**

**Category: Male 50-54
Category Position: 6
Finish Time: 00:47:18**

President, Hong Kong Triathlon Association
Ms Genevieve PONG