



**HONG KONG  
TRIATHLON**  
香港三項鐵人

**This is to certify that  
Alec Kam Lek Quan  
has successfully completed the  
Aquathlon Series - Race 4  
Golden Beach  
on 29 September 2019 at  
with performance of**

**Category: Male 35-39  
Category Position: 6  
Finish Time: 00:48:34**

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President, Hong Kong Triathlon Association  
Ms Genevieve PONG